

WSLL SPRING 2022 GUIDANCE FOR COVID-19 SAFETY

WSLL parents, players, and volunteers serve as the front line in preventing COVID-19 transmission. Together we can keep WSLL a fun and safe environment.

Parents should review and understand this policy before the start of the season in order to make choices that correspond with individual and family comfort levels. This policy should not discourage any player, coach, parent, or volunteer from taking additional safety precautions if they believe they are necessary for their individual or family safety.

PARTICIPATION GUIDELINES:

- Players, parents, and volunteers if you are not feeling well, STAY HOME.
- Parents are required to report to their manager prior to a practice or game if their child has a fever or other symptoms associated with COVID-19. By participating in a WSLL in-person function, you are certifying that your child does not have COVID-19 symptoms and is cleared to play. Unexplained symptoms and circumstances that may prevent a player or volunteer from participating include:
 - Shortness of breath
 - Cough
 - Sore Throat
 - Congestion
 - Nausea & vomiting
 - Headache
 - Unexplained Muscle/Joint pain
 - Diarrhea
 - Chills
 - Loss of taste & smell
- If a member of your family tests positive for COVID-19, or a player or volunteer becomes a close contact of someone else with COVID-19, you must report this status to your team manager *before* the next practice or game. This *may* result in players or volunteers being required to avoid contact with their team for a certain period. Such a determination will be made using the most recent guidance from the CDC and local and state authorities, as is discussed further below.
 - The CDC defines close contact as "Someone who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to specimen collection) until the time the patient is isolated." (see here)
- If there is a reported exposure to COVID-19 or a positive test for a player or volunteer, a sub-committee
 of the WSLL Executive Committee ("The Covid Committee") has been formed to respond to such
 situations. Managers must report COVID-19 exposures to the Covid Committee. The Covid
 Committee will follow the most recent CDC, Virginia Department of Health, and Fairfax County
 guidelines in making decisions relating to "return to play" for affected players or teams. The new

guidelines are generally more lenient than in seasons past, especially for fully vaccinated players and volunteers.

- As an example, based on current CDC updates, a fully vaccinated player who comes into close contact with someone infected with COVID-19 will, under most circumstances, no longer be required to sit out from WSLL events. However, parents must report the close contact to the manager, who shall in turn report the close contact to the Covid Committee for monitoring. Managers should take extra precautions to ensure distancing protocols are observed at practices or games if one of their players has been deemed a close contact of someone who tested positive for COVID-19.
- O Players who test positive for COVID-19 will usually need to sit out for at least 5 days from the date of the onset of symptoms or the date of a positive test. After five days, if the player has been fever-free for 24 hours without fever-reducing medications and symptoms are improving, he or she will likely be able to return to team activities, but shall maintain distance from other players for the next five days.
- In line with the same authorities, unvaccinated players and volunteers may need to sit out for longer periods, depending on the circumstances. You are not required to provide your vaccination status to your manager. However, unless you inform your manager that you are vaccinated, the Covid Committee will assume the participant is unvaccinated in its play status decision-making.
- In accordance with the current guidelines for the Commonwealth of Virginia, it is recommended that "outdoor recreational sports . . . maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable." Although it will not always be possible to maintain such distancing, we encourage participants to maintain distancing where practicable.

WSLL MASK POLICY

- Players and vaccinated coaches and volunteers are not required to wear a mask or face covering during outdoor activities. However, individuals are encouraged to wear a mask if they feel more comfortable doing so, especially if they are immunocompromised.
- Unvaccinated coaches and volunteers are strongly encouraged, though not required, to wear a mask while in close proximity to players and other adults.
- Families and coaches are encouraged to gauge their teams' comfort levels and adjust accordingly.

POLICY AMENDMENTS

• This policy, or any of its components, are subject to change based on updated guidance from the CDC or local or state public health authorities. If a change is made, the revised policy will be announced and circulated to the league.